

# Havering and East London Ramblers



[www.haveringeastlondonramblers.btck.co.uk](http://www.haveringeastlondonramblers.btck.co.uk)

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**Mobile number 07583532309**

**Programme and Newsletter  
December 2016-March 2017**

## **Secretary's Report**

At the AGM in October the following officers were elected-

|                                  |                 |
|----------------------------------|-----------------|
| Chairperson                      | Mary Richards   |
| Treasurer                        | John Smith      |
| Membership and Minutes Secretary | Diane Biggadike |
| Walks Secretary                  | Sandra Dalton   |
| Footpath and Countryside Officer | Joan Bullivant  |
| Webmaster and Publicity Officer  | Peter Owen      |

I continue as Secretary

Also elected to the committee were Marion Franklin and Ian Rusha

**Essex Area AGM 11 February 2017 at Stock Village Hall 10.00. Buffet lunch and short walk in the afternoon. All are invited.**

Ken Richards

## **Havering Footpath & Countryside Officer**

### **Footpath Maintenance Working Party**

Thank you from me and Havering Council to everyone who has helped with footpath maintenance in 2016. **The first provisional date for 2017 is Friday 17th March 2017.**

Our usual meeting time is 9.45 am near where we will be working and we usually finish by 1 pm.

Information about the jobs will be available from me on a monthly basis.

It would be very helpful if Ramblers would let me know of footpaths in Havering where they feel work needs to be done.

***N.B: As usual we include an additional reminder of the provisional dates of the footpath maintenance working parties in the body of the programme.***

***We hope that this will help all walkers to plan a date when they can participate in one of the working parties . A clear path makes it much easier for all members.***

Joan

## **Walks Secretary**

**The closing date for the next programme is the 25<sup>th</sup> February 2017**

It would be much appreciated if you could supply your walks as soon possible especially if you require a specific date. Our drop dead date is the **25<sup>th</sup> February 2017** but please remember the later you leave it, the likelihood the dates that you require will be more restricted.

If you would like to lead a walk on the next programme, please contact a member of the committee who I am sure will be happy to help you.

**Can you please give your walk for the next programme to Sandra Dalton on 0208 593 6066 or [sdalton@londonchamber.co.uk](mailto:sdalton@londonchamber.co.uk)**

***The committee would like to thank all the people who have given up their time to lead walks for us all.***

***Although it is getting more and more difficult to fill the walks programme, we have managed to cover most walk dates this time, but please remember that we are always in need of people to lead our walks and that if we have no leaders we have no walks!***

## London Loop (Sandra Dalton)



During the Summer programme we have worked our way over the top of the Loop and are now getting ever closer to home with each section. We have had some fantastic days out despite the transport system having multiple line closures on Sundays. We are thinking of entering as contestants on Mastermind with a specialist subject of train lines around London, as I am sure we all know the train network inside out by now. The section through Bushy Park was a revelation to me. I had never been there before although I had often been to Kingston. It's huge and absolutely lovely with gardens, lakes full of carp and red deer roaming around. Later the same day we climbed up an old shot tower which had been converted to a nature interpretation centre. What a great use for an old disused building.

Not all the sections were lovely. Donkey Wood to Uxbridge Lock will go down in my memory as the most litter strewn section. Ironical that the nature reserve built on a reclaimed tip was fairly free from rubbish!

Thankfully, the section from Uxbridge Lock to Moor Park was an absolute delight. We spent the day on tranquil waterways passing highly decorated narrow boats in the late Summer sunshine. A great way to finish the year. In April we will be resuming where we left off, so why not join us on the homeward journey ?

Sandra Dalton



## **Information and Web Master**

Many will have been watching as the web site walks calendar filled. I know it's nowhere near as exciting as opening the envelope or email once the programme is published and anticipating the enjoyment of the walks, but hopefully allows walk leaders to choose the dates they would like with a better chance of it being available.

I will leave it on as a source of reference as the programme unfolds. Some may even prefer it to the web pages or programme!

If you still have the printed programme, please consider if you need it. (I know there are some who have every copy!) If you would like to support our Green Initiative and no longer have the printed copy, please send me an e mail, and you can feel 'green' all over! Don't worry, if you find you want it back, just ask. We have a monthly update by e mail and another if something significant needs to be sent out, such as a walk amendment, or with Winter, cancellations. If you do not receive these at present but would like to, please drop me an email so that I can include you in future.

And if you are wondering what the calendar is, go to the walks page on the web site and it is the last item on the menu.  
See you on the walks,

Peter Owen

## **Dogs on walks \***

We have been informed by Ramblers Head Office that we need to comply with the Disability Equality Act (2010).

We will continue to let Walks Leaders decide whether it is appropriate to allow dogs to participate in their walks, but even in cases where it is decided not to allow dogs to participate in a particular walk, we must allow registered assistance dogs to participate with their owners e.g. guide, hearing, service, therapy and seizure alert dogs.

***As a general rule only "Registered Assistance Dogs" will be allowed on walks unless the Walks Leader specifies that dogs are welcome.***

## **All walks**

If the weather is inclement, it is important to either check our web site as noted on page 1, or contact the leader to see if the walk will take place.

Please telephone the walk leader direct for specific walk related queries before phoning group mobile phone number.

As you are all aware we have been attracting 50 plus walkers on our London walks with a significant number of these not being members of our group. This is due to a large proportion of these people picking these walks up on Walk Finder. Therefore if you would prefer not to have your walk included in Walk Finder please let the Walks Secretary know when you supply your walk details.

**Please check for the availability of public transport on the TFL web site, before travelling at weekends to allow for the planning of alternative routes.**

## **Car share**

Please car share where possible, as parking is often quite limited.

## **Walking with the Ramblers**

‘All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur’.

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number 445892. Registered charity in England and Wales Number 1093577. Registered office, 2 Floor, Camelford House, 87-90 Albert Embankment London SE1 7TW.

## **Havering and East London Ramblers Association Committee Members**

Chair:

Mary Richards

01708 375559

Secretary:

Ken Richards, 26 Arundel Road

Harold Wood, Romford.

RM3 0RT

01708 375559

Treasurer:

John Smith

Membership Secretary:

Diane Biggadike.

Walks Secretary:

Sandra Dalton

Havering Footpath & Countryside Officer

Joan Bullivant

Newham Footpath & Countryside Officer

John Buckle\*

Webmaster:

Peter Owen

Ordinary Committee Members

Ian Rusha

Marion Franklin

*As you read through this walks programme you will hopefully be thinking about the walks that you plan to put on the next programme. To facilitate getting dates that suit you we are happy to accept walks from the 1<sup>st</sup> December.*

**Saturday 3 December**

**Liz Rayner 10.15**

Meet West Ham station. Linear walk to Canary Wharf, via Limehouse Cut and the Thames Path.

Registered assistance dogs only  
**5 miles**

**Sunday 4 December**

**Ron Lockhart 9.00**

Meet at H.W.N.C. for car sharing and onward trip to Moreton, just north of Ongar starting from the Nags Head P.H

Registered assistance dogs only  
**Morning walk 6 miles with the possibility of another 5 miles in the afternoon.**

**Tuesday 6 December**

**Peter Owen 10.30**  
**Thames Path – Kingston Upon Thames to Hampton Court and return**

The final section. Meet at Waterloo under the clock at 10.30 to catch 10.42 to Kingston following the Thames Path to Hampton Court. This section is known as Arcadia, an 18<sup>th</sup> century development of Royal parks and Avenues (Option to leave walk at Hampton Court) Return to Kingston via Royal park.  
Registered assistance dogs only  
**6 miles**

**Saturday 10 December**

**David Brooks 10.15**

Meet at the Fishers Green car park in Stubbings Hall Lane Waltham Abbey for a Lee Valley walk.  
GR 377031

Post code EN9 2EF

Registered assistance dogs only.  
**5 miles**

## **Sunday 11 December**

**Sandra Dalton 9.00**

Meet at Harold Wood station for car share to Viper PH, Mill Green. Walk via forest and field paths (some hard paths). May even see Santa's reindeers en route to the North Pole. Finish at Viper PH around lunchtime for pre-Christmas drink.

**6.5 miles**

## **Tuesday 13 December**

**Marion Franklin 10.00**



Meet outside Rainham Tesco Extra, Bridge Road, Rainham for a linear walk to Purfleet Station (c2c train line).

Registered assistance dogs only  
Postcode: RM13 9YZ

**5 miles**

## **Saturday 17 December**

**Ron Lockhart 10.00**

Walk from Cranham Playing Field C.P south end of Sunnycroft Gardens. Car park is free and you can also park in the roads. Postcode RM14 1HR Map Ref 175 TQ 579/877. Registered assistance dogs only.

**6 miles**

## **Sunday 18 December**

**Ron Lockhart 9.00**

Meet at H.W.N.C. in Gubbins Lane for car share for the onward trip to the National Trust car park in Bicknacre Road in Danbury. Post Code CM3 4JH Map Ref 183 TL781/043. Registered assistance dogs only

**6 miles approx**

## **Tuesday 20 December**

### **CHRISTMAS MEAL**

**Contact John Smith to see if any places are still available.**

## **Happy Christmas**





## **Tuesday 27 December**

**Ron Lockhart 10.00**

Come and work off some of the Christmas excess.

Meet at Berwick Ponds Country Park. Free parking. Postcode RM13 9EJ Map Ref 175

TQ543/836. Registered assistance dogs only.

**6 miles**

## **Sunday 1 January**

### **New Year's Day**

**Ken Richards 10.30**



Meet at the car park in Harold Wood Park for a ramble in the Thames Chase. GR550 901. There is now more car parking available. Registered assistance dogs only.

**Approx. 4- 5 miles**

## **Tuesday 3 January**

**Gordon Warren 10.45**

Meet at Lea Bridge Rail station for a Lee Valley walk. Trains from Stratford every half hour. Current timetable (October 2016) has 10.30 to Lea Bridge at 10.36.

Probably finish at Clapton. Toilet stop near start.

Registered assistance dogs only.

**5 miles**

## **Saturday 7 January**

**Roy Clemence/Maureen Collins 10.15**

Meet at Great Waltham Village Hall car park, which is sign posted from the road in front of the church. If full parking nearby. Circular walk around Chatham Hall Spring, Lanham, Stonage Wood and Little Waltham  
GR TL 695134

Registered assistance dogs only.

**6 miles**

## **Sunday 8 January**

**Norman & Kathleen Valentine 9.00**

Meet at Harold Wood Station car park for a car share to Danbury for a circular walk.

Lunch stop at Paper Milk Lock but a packed lunch advisable.

Registered assistance dogs only

**8/9 miles**

## **Tuesday 10 January**

**Gordon Warren 10.30**

Meet at Wanstead Underground station for a walk around Wanstead Park. Toilet stop near start.

Registered assistance dogs only  
**5 miles**

## **Saturday 14 January**

**Peter Rees 10.15**

Meet at the Fishers green car park in Stubbings Hall lane, Waltham Abbey for a circular Lee valley walk

GR 377 031

LAT N51.710669 / LONG

W0.081660

Registered assistance dogs only.

**5 miles**

## **Sunday 15 January**

**Sandra Dalton 9.00**

Meet at Harold Wood station car park for car share to Blackmore. Blow away those Christmas cobwebs and join me for a walk on mostly hard tracks around the Blackmore area. Finishing at Blackmore for lunch/afternoon tea in tearooms.

**8 miles**

## **Tuesday 17 January**

**Peter Owen 10:30**

### **Tower Hill to Shadwell**

Meet at Tower Hill station at 10:30. We will be crossing Tower Bridge to follow the River to Shadwell station.

Registered assistance dogs only.

**5 miles**



## **Saturday 21 January**

**Joan Bullivant 10.15**

Meet at Wapping station for a linear walk around the Isle of Dogs to Westferry station (DLR).

Registered assistance dogs only.

**6 miles**

## **Sunday 22 January**

**Joan Bullivant 10.00**

Meet at Baker Street underground station (Marylebone Road entrance) for a circular walk which includes Regent's Park. Café stop but it is advisable to bring a packed lunch.

Registered assistance dogs only.

**10 miles**

**Tuesday 24 January****Joan Bullivant 10.30**

Meet at Hampstead Heath station for a somewhat hilly circular walk around Hampstead and Hampstead Heath.

Registered assistance dogs only.

**6 miles**

**Saturday 28 January****Rose and Chris West 10.15**

Meet outside Highbury & Islington station for a walk to Barbican underground station via Highbury, Angel and Smithfield. Registered assistance dogs only. **5.5miles**

**Sunday 29 January****Sandra Dalton 9.00**

Meet at Harold Wood station car park for car share to South Weald Country Park. Walk mostly within the park boundaries. Finishing with coffee and cake (optional) at the visitor centre.

**4-5 miles**

**Tuesday 31 January****Peter O'Neill 10.00**

Meet at Pudding Mill DLR station. Walk to Tottenham Hale station. Registered assistance dogs only

**Approx. 6 miles**

**Saturday 4 February****John Buckle 10.30**

Meet at Island Gardens station (DLR) for walk to Blackheath and Greenwich Park finishing at Cutty Sark station.

Registered assistance dogs only.

**5 miles**

**Sunday 5 February****Joan Bullivant 10.00**

Meet at High Street Kensington underground station for a circular walk. Café stop but it is advisable to bring a packed lunch.

Registered assistance dogs only.

**10 miles**

**Tuesday 7 February****Carol Thomas 10.00**

Meet in car park of Hacton Parkway, Hacton Lane for a circular walk including Hornchurch Country Park.

Finish 1.00pm

Post Code RM12 6DS

Registered assistance dogs only

**5 miles.**

### **Saturday 11 February**

**Jacquie Humphreys 10.30**

Meet at Notting Hill Gate Tube Station Exit 2. Holland Park to Kensington. Registered assistance dogs only.

**Approximately 4.5 miles but we may add a bit on.**

### **Sunday 12 February**

**Ron Lockhart 10.00am & 1.30pm**

Joint walk with RATS (R.A Thurrock Society)

Figure of 8 walk from Mill Green the Viper PH post code CM4 0PT Map Ref 183 TL 641/018 it will be 6 mile morning going out and returning from Blackmore having our lunch break at the Viper then doing a 4 mile afternoon going out via Ingatstone and Margaretting .

Registered assistance dogs only

**6 miles morning**

**4 miles afternoon**

### **Tuesday 14 February**

**Jan Ryley 10.15**

Meet at Baker St underground station for walk through Kensington to finish at Lancaster Gate underground station. Registered assistance dogs only.

**5 miles**

### **Saturday 18 February**

**Pete Owen 10:00**

**Purfleet to Grays**

Meet at RSPB Purfleet follow Path to Grays seeing much of the Industrial area of the river front. Return by train or bus to Purfleet. Registered assistance dogs only.

**5 miles**



### **Sunday 19 February**

**Norman & Kathleen Valentine 9.00**

Meet at Harold Wood station car park for a car share to Galleywood for a circular walk.

Packed lunch advisable.

Registered assistance dogs only

**9 miles**

### **Tuesday 21 February**

**Peter Rees 10.00**

Meet at the Visitor Centre car park in Squadrons Approach for a figure of 8 walk around Hornchurch Country Park.

Post Code RM12 6UB

Registered assistance dogs only.

**5 miles**

### **Saturday 25 February**

**John Buckle 10.30**

Meet at Tesco's Bromley by Bow for a canal walk via Victoria Park and Limehouse Basin finishing at Canary Wharf.

Registered assistance dogs only.

**5 miles**

### **Sunday 26 February**

**Joan Bullivant 10.00**

Meet in Hainault Forest Country Park in the car park nearest to the café and toilets. (Car park charge). This will be a circular walk to explore the park and the surrounding area. Café stop but it is advisable to bring a packed lunch.

Registered assistance dogs only.

**10 miles**

### **Tuesday 28 February**

**Chris O'Connell & Anne Baker 9.42**

Linear walk from Benfleet to Westcliff via Hadleigh Castle.

Meet at Upminster station to catch the 09 42 train to Benfleet.

Alternatively meet at Benfleet Station at 10 00. Short climb up to Hadleigh Castle but cafe stop at the top.

Registered assistance dogs only

**Distance approximately 6 miles**

### **Saturday 4 March**

**Norman Larsen 10.30**

Meet at Waterloo for train - 10:37am to Kew Bridge. Thames north bank to St Margaret's via Syon park and Chiswick village.

Registered assistance dogs only.

**6 miles**

### **Sunday 5 March**

**Sandra Dalton 9.00**



Meet at Harold Wood station car park for car share to One Tree Hill, Kent (near Sevenoaks).

Lovely walk, stopping at Ightham Mote (NT) for coffee in the morning and lunch in Sevenoaks. Hilly walk, usually with plenty of deer in the park.

**8-10 miles**

### **Tuesday 7 March**

**Ian Rusha 10.30**

Meet at Golders Green tube station, 10-30am for linear walk to Totteridge & Whetstone station.

Registered assistance dogs only

**Approx 5.5 miles.**

### **Saturday 11 March**

**Peter O'Neill 10.15**

Meet at the KGV DLR station.  
Walk to Greenwich Park via the  
Thames Barrier.

Registered assistance dogs only.

**Approx. 6 miles**

### **Sunday 12 March**

**Norman & Kathleen Valentine  
Epping Forest Centenary Walk  
1<sup>st</sup> Stage of 2 9.30**

Meet at Manor Park station (TFL)  
for linear walk to Buckhurst Hill  
station (Central Line)

Registered assistance dogs only

N.B. Stage 2 on 26 March

**8/9 miles**

### **Tuesday 14 March**

**Marion Franklin 10.00**



Meet outside Rainham Tesco  
Extra, Bridge Road, Rainham for a  
circular walk to Rainham Marshes  
RSPB Visitor Centre and back.

Postcode: RM13 9YZ

Registered assistance dogs only

**6 Miles**

### **Friday 17<sup>th</sup> March**

**Footpath Maintenance**

See note in editorial from Joan  
Bullivant

### **Saturday 18 March**

**Les and Jan Cannings 10.15**

Meet at Tower Hill station for a  
linear walk along the Thames path  
to Greenwich

Registered assistance dogs only.

**6 miles.**

### **Sunday 19 March**

**Joan Bullivant 10.00**

Meet at High Beach Visitor Centre  
for a circular walk in Epping  
Forest. Pub or café stop but it is

advisable to bring a packed lunch.  
Registered assistance dogs only.

Registered assistance dogs only.

**10 miles**

### **Tuesday 21 March**

**Les and Jan Cannings 10.30**

Meet at Angel Station (Northern  
Line) for a linear walk to  
Limehouse Station

Registered assistance dogs only

**5.5 miles**

**Saturday 25 March**

**Ros Kendrick and Shirley  
Andrews 10.30**

Meet at Canada Water station for a  
linear walk to Greenwich.

Registered assistance dogs only.

**5 miles**

**Sunday 26 March**

**Norman and Kathleen Valentine  
Epping Forest Centenary Walk  
2<sup>nd</sup> Stage 10.00**

From Buckhurst Hill station to  
Epping station (both on the Central  
Line)

Registered Assistance dogs only

**8/9 miles**

**Tuesday 28 March**

**Pete Owen 10:00**

**Walk in the Park**

Meet at Childerditch Car Park for  
walk into Thorndon Park,

including farmland and Jury Hill.

Registered assistance dogs only

**4.5 miles – feels like 5**



Shall we Dance?

Upshire 1<sup>st</sup> November

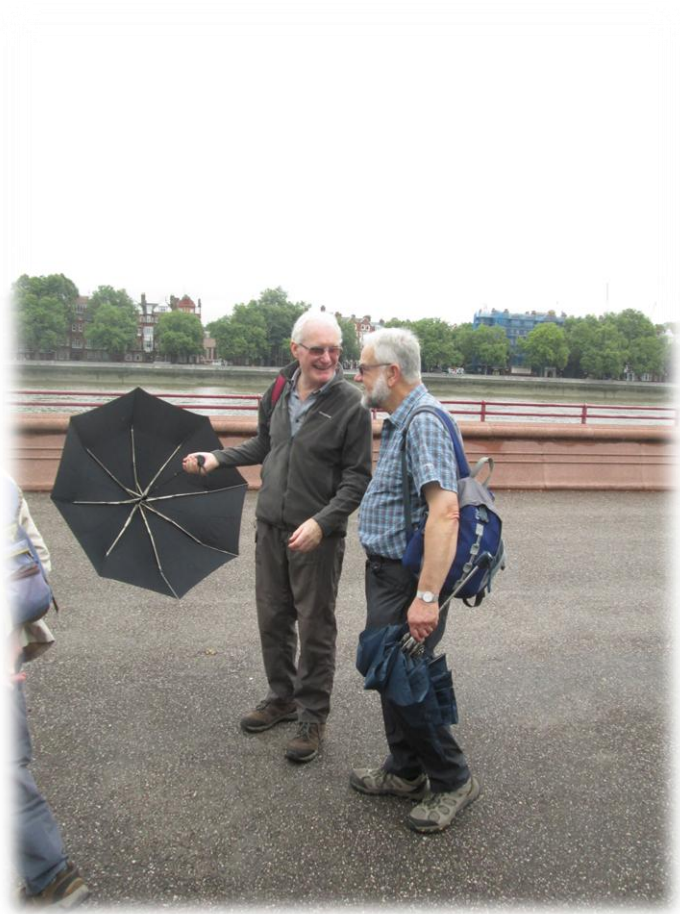
### **Thank you to our Walk Leaders**

Shirley Andrews  
Anne Baker  
David Brooks  
John Buckle  
Joan Bullivant  
Jan & Les Cannings  
Roy Clemance  
Sandra Dalton  
Marion Franklin  
John & Jacquie Humphreys  
Ros Kendrick  
Norman Larsen  
Ron Lockhart  
Coral & Peter O'Neill  
Chris O'Connell  
Peter Owen  
Peter Rees  
Liz Rayner  
Ken Richards  
Jan Ryley  
Ian Rusha  
John Smith  
Carol Thomas  
Norman & Kath Valentine  
Gordon Warren  
Rose & Chris West

If you wish to contact a walk leader please telephone 07583532309 for contact details



## A rainy day on the Thames Path



Do you know the words to Singing in the rain?

You hum it. I'll sing it

## **Ramblers Holidays Walking Partnership**



The Havering and East London Ramblers group has recently joined The Walking Partnership.

This new partnership, supported by Ramblers Worldwide Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Worldwide Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Worldwide Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on [www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk) or give them a call on 01707 33113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us.



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**01707 386804**

**[www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk)**



Walking holiday partner

## **On the Loop in Bushy Park**



Can we come along too?